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PRENATAL CARE AND DELIVERY POLICY

The Physicians and staff of Capital Women's Care are dedicated to helping your baby get the best possible start. Our team of physicians are highly trained medical specialists in the field of obstetrics, using the latest techniques and procedures to help ensure a healthy pregnancy. Our physicians and covering physicians deliver at Holy Cross Hospital, the largest obstetrical hospital in the Maryland Metropolitan Area.

Maternity care includes the prenatal care from the first obstetrical visit, labor and delivery, post-partum care, as well as any complications that may arise. During the prenatal visits, the doctor will ask you various questions about your medical history, any symptoms you may be experiencing, check your baby's heart rate and positioning, order any necessary laboratory tests, as well as conduct physical examinations which may include an internal examination. During the beginning of your pregnancy, you will be scheduled with one of our physicians every four weeks. As your pregnancy progresses or if your individual situation dictates, the frequency of your visits will too increase.

During your final stages of pregnancy, the physician will review with you the signs of labor. If you feel that you are experiencing any complication or are entering into the labor phase, we ask that you contact our office prior to departing for the hospital. Our offices have a physician on-call 24 hours a day to provide hospital coverage.

Capital Women's Care and covering physicians is comprised of both male and female physicians. All of our providers rotate between the hospital and office to provide care to our patients. During your hospitalization, the physician on-call will conduct internal examinations to help determine your stage of labor. No one can determine how long your labor will last, as each delivery is different. As a result, we cannot guarantee which physician will be available during any portion of your labor, as well as delivery. This holds true for patients who are scheduled for induction, as well as a cesarean section.

We **strongly urge** that during your prenatal care, you do schedule at least one appointment with each physician so you are familiar with all of the providers. Any one of physicians may be on call at the hospital when you arrive for the delivery of your baby. As a result, we cannot promise which physician will deliver your baby, or if the examining or delivering physician will be male or female.

By signing below, you acknowledge that you have been provided with information regarding what is involved is receiving maternity care with Capital Women's Care and agree. If you have any questions, any one of our staff members or physicians will be happy assist you.

Patient's Name: _____

Patient's Signature: _____

Date: _____

Witness: _____